



## Great Plates Menu

For October 12 – October 16

### Breakfast

#### Housemade Granola

lowfat yogurt, mixed berries, orange juice

#### Breakfast Burrito

soft scrambled egg, white cheddar cheese, green onions, chopped bacon, potatoes and orange juice

### Lunch

#### Penne Pasta with Chicken (vegetarian option as well)

with corn, spinach, mushrooms, tomato cream sauce, garlic bread, cotija cheese

#### Chinese Chicken Salad

grilled chicken, chopped cabbage with carrots, green onions, almonds, wonton ribbons and a sesame soy vinaigrette

#### BBQ Beef Sandwich

bbq beef, cole slaw, macaroni salad

### Dinner

#### Grilled Chicken

braised collard greens, mashed potatoes and gravy

#### Vegetarian Platter

quinoa pilaf, roasted seasonal vegetables, tzatziki

#### Roasted Salmon

lemony orzo, kale, chimichurri sauce

## Call Between

11 am – 1 pm

**415.454.8900**

Order for a single day  
or for the entire week

Food Delivered

Mon – Fri 2:00pm – 4pm